

Retatrutide Dosage Chart: A Clear Guide to Titration Steps

This chart shows a typical titration schedule for retatrutide, an investigational triple agonist. This schedule comes from clinical trials for conditions like obesity and type 2 diabetes. Starting low and increasing slowly helps manage side effects and finds the right maintenance dose.

TREATMENT WEEKS ↑↓	ONCE WEEKLY DOSE ↑↓	PURPOSE/NOTES ↑↓
Weeks 1-4	2 mg once weekly	Starting dose. This helps your body adjust to the medication, reducing potential initial side effects.
Weeks 5-8	4 mg once weekly	First dose increase. You're continuing to adapt to the drug, moving towards a more therapeutic range.
Weeks 9-12	8 mg once weekly	Second dose increase. This step further aims for a therapeutic level, where the drug starts showing more significant effects.
Weeks 13-16	12 mg once weekly	Third dose increase. Many patients reach a maintenance dose here, where efficacy is assessed while monitoring tolerance.
Weeks 17 onwards	16 mg once weekly	Maximum dose (if tolerated). This is the highest dose for those who need more effect and handle it well. Not everyone will reach this level.

5 rows