International Shoe Size Chart: Your Easy Conversion Guide (2025)

Shopping for shoes across different countries can be a real headache. A US size 8 isn't the same as a UK 8, and don't even get started on European sizes! This chart cuts through the confusion, giving you a straightforward way to convert shoe sizes between major international standards. Whether you're buying online from overseas or just trying to figure out what 'EU 42' means for your feet, you'll find your answer here. We've included common sizes for men, women, and youth, alongside foot length in centimeters—a reliable, universal measurement. Keep this chart handy; you can print it out or save the PDF for your next shoe adventure.

FOOT LENGTH (CM)	US YOUTH/KIDS	US WOMEN	US MEN	UK (ADULT & YOUTH)	EU
10.5	4C	-	-	3.5	20
11.5	5C	-	-	4.5	21
12.5	6C	-	-	5.5	22
13	7C	-	-	6.5	23
14	8C	-	-	7.5	24
15	9C	-	-	8.5	25
16	10C	-	-	9.5	27
17	11C	-	-	10.5	28
18	12C	-	-	11.5	29
19	13C	-	-	12.5	30
20	1Y	-	-	13.5	31
20.5	2Y	-	-	1	32
21.5	3Y	-	-	2	34
22.5	4Y	5	3.5	3	35
22.9	4.5Y	5.5	4	3.5	35.5
23.3	5Y	6	4.5	4	36
23.7	5.5Y	6.5	5	4.5	37
24.1	6Y	7	5.5	5	37.5
24.5	6.5Y	7.5	6	5.5	38
25	7Y	8	6.5	6	39
25.4	-	8.5	7	6.5	40
25.8	-	9	7.5	7	40.5
26.2	-	9.5	8	7.5	41
26.7	-	10	8.5	8	42
27.1	-	10.5	9	8.5	42.5
27.5	-	11	9.5	9	43
27.9	-	11.5	10	9.5	44
28.3	-	12	10.5	10	44.5
28.8	-	12.5	11	10.5	45
29.2	-	13	11.5	11	46
29.6	-	14	12	11.5	

31 rows